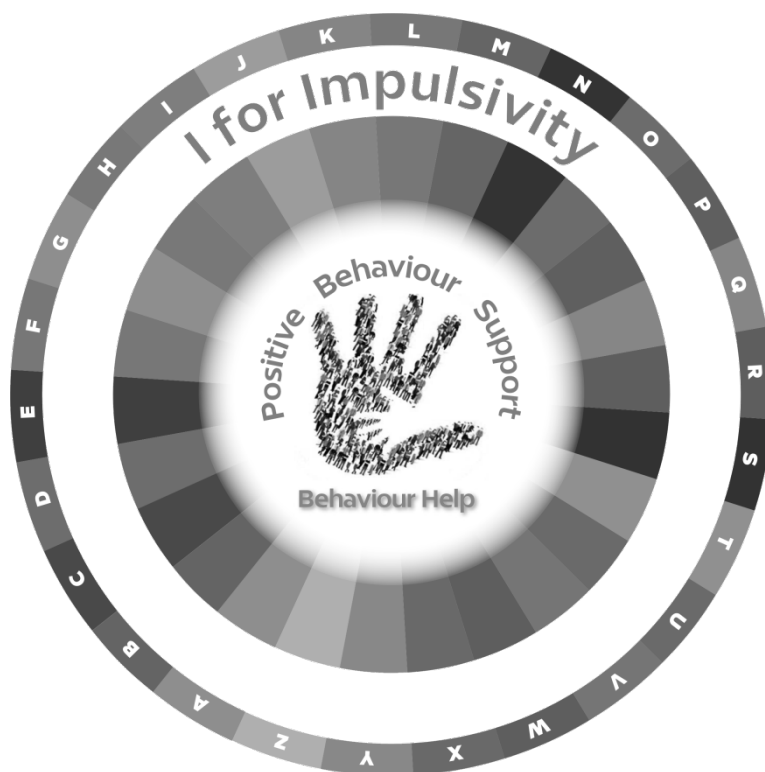


A-Z of Challenging Behaviour Series

I FOR IMPULSIVITY – FORMS: POSITIVE BEHAVIOUR SUPPORT



Dolly Bhargava

Master of Special Education

Forms from



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Behaviour data collection forms can be reproduced with citation: Bhargava, D. (2021). I for Impulsivity: Positive Behaviour Support. Melbourne, Vic: Behaviour Help Pty Ltd.

Please note the word 'child' in this guide refers to children of all ages (toddler, preschooler, primary and high school). The information set out in this guide is of a general nature only and not exhaustive on the subject matter. You should consider whether the information is appropriate to the needs of the child you support and your circumstances. This guide should not be used as a diagnostic tool. When implementing any recommendations contained in this guide, exercise independent skill and judgement. If you have any concerns about your child's behaviours, please discuss them with a doctor who can provide guidance and/or a referral to the relevant professional.

A - Z of Challenging Behaviours Series

Titles

A for Argumentative

A for Attention-Seeking

B for Biting

C for Cheating

D for Defiant

E for Excessive Reassurance Seeking

E for Excessive Technology Use

F for Flopping

H for Hitting

H for Hyperactivity

I for Impulsivity

K for Kicking

L for Lying

R for Repetitive Questioning

S for School Refusal Behaviour

S for Separation Anxiety

S for Stealing

T for Task Avoidance

The list of titles is being expanded all the time. For the latest, please refer to www.behaviourhelp.com

Team Member Chart

Child name _____

Recorder name _____

Date _____

Team member name	Role	Context where they support the child (e.g. home, day centre, school and therapy)

Child's Profile

Name	Date of birth
Contributor name	Contributor role
Address	Date completed
General health	
Visual skills	
Hearing skills	
Physical skills	
Sensory needs	
Sleep patterns	
Eating and drinking skills	
Communication skills	
Emotional regulation skills	
Social skills	
Learning skills	
Problem-solving skills	
Interests, likes and dislikes	
Major life events the child has experienced	
Describe the child's impulsive behaviour	
Other comments	

Behaviour Data Collection Form

Child name: _____

Recorder name/s: _____

Context: _____

Describe the behaviour: _____

Procedure: Document details of the incident as accurately as possible i.e. estimated start – finish time, what the child does impulsively, where it happened and with whom it happened.

Date and estimated start – finish time of incident	Details of Incident
	What? Who? Where?
	What? Who? Where?
	What? Who? Where?
	What? Who? Where?
	What? Who? Where?
	What? Who? Where?

Based on the information collected, identify any patterns:

- Who is child likely to engage in impulsive behaviour with?
- Where is the child likely to engage in impulsive behaviour?
- What is the child likely to be impulsive about?

Antecedent-Behaviour-Consequence Form

Child name _____ Date _____

Recorder name/s _____

During (Activity happening at the time of incident) _____

Time started _____ Time ended _____

Where (Location of incident) _____

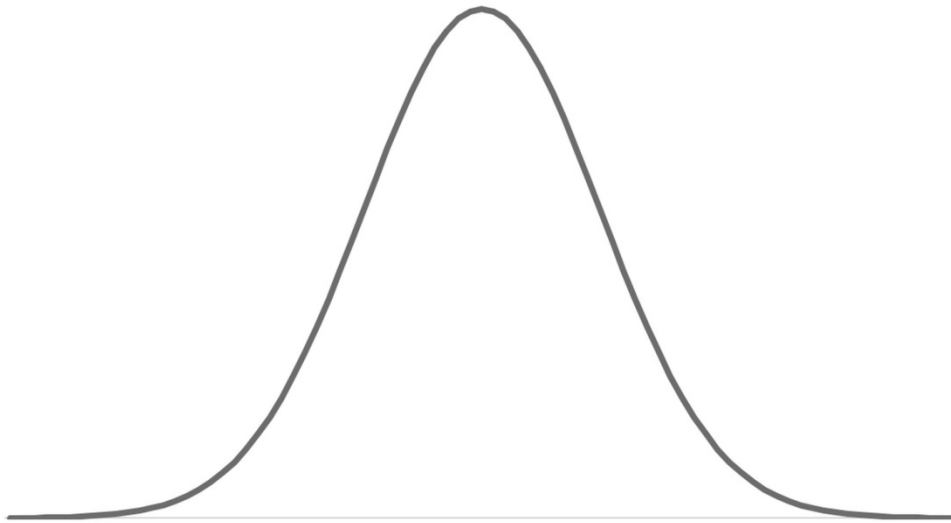
Who (people involved in incident) _____

	Antecedent	Behaviour	Consequence	Hypothesised Function
Perceived individual state				
Environment				
Activity				
Adult interaction				
Peer interaction				

Escalation Stages Form

Child name _____ Date _____

Recorder name/s _____



Escalation Profile Form

Child name _____ Date _____

Recorder name/s _____

Calm Stage

Mild Escalation Stage

Moderate Escalation Stage

Extreme Escalation Stage

Recovery Stage

De-escalation Plan Form

Child name _____ Date _____

Recorder name/s _____

Triggers
Mild Escalation Stage
Moderate Escalation Stage
Extreme Escalation Stage
Recovery Stage

Prevent Plan Form

Child name _____ Date _____

Recorder name/s _____

Strategies for supportive activities	
Strategies for supportive interactions	
Teach skills	
Strategies for supportive environments	

ABOUT THE AUTHOR

Hi there,

I am Dolly Bhargava. I have completed a Bachelor of Applied Science in Speech Pathology from the University of Sydney, a Master of Special Education from the University of Newcastle, and Certificate IV in Training and Assessment.

Midway through my career I realised my passion was in supporting children, adolescents and adults with emotional and behavioural difficulties (EBD). So I started working extensively with individuals with EBD in a variety of contexts such as family homes, childcare centres, preschool, schools, respite care, post school options, employment services and corrective services.

I have created this series based on the practical wisdom I have gathered from working with individuals with EBD, their families, educators and professionals over the last 21 years. I hope this guide equips people with the knowledge, skills and tools to help your child learn positive ways of behaving and managing their emotions.

Dolly Bhargava